



SPA VILLAGE KOH SAMUI



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Once providing a sheltered haven for sea traders in the Gulf of Thailand, Koh Samui's natural beauty and luscious vegetation eventually drew settlers of mainly Malay and Chinese origin. The island's rich earth produces a bounty of tropical fruit, leading to the widespread growth of orchards and coconut plantations. The strong community flourished, with a tolerant blend of beliefs and simple way of life that till today contributes to its unique cultural appeal. Warm Thai hospitality and traditional healing practices have made this relaxed island an ideal destination for spas. Spa Village, the iconic brand that opened in 2002 on Pangkor Laut, Malaysia, is pleased to offer the signature experiences in Koh Samui. Each of our unique spas creates its identity by following our mission to honour the healing culture of the region.

Spa Village Koh Samui focuses on age-old Thai spa therapies, integrating nature with an indoor/outdoor environment, and drawing from the island's healing resources. Individual treatment pavilions or *salas*, as well as the Yoga Sala, rest above the serene meditative garden. Guests may choose to have treatments in the deluxe suite pavilions, which accommodate two persons; Thai massage in open-air *salas*, or experience the signature "Thai Aquatic Freedom" in the aquatic movement pool. All spa guests are welcome to swim in the private lap pool.

*Bai Sri Su Kwan* is a traditional blessing and welcome ceremony in Thailand. We look forward to sharing this with warm hands and heart.



# KOH SAMUI SIGNATURE EXPERIENCES

## SONGKRAN SHOWER

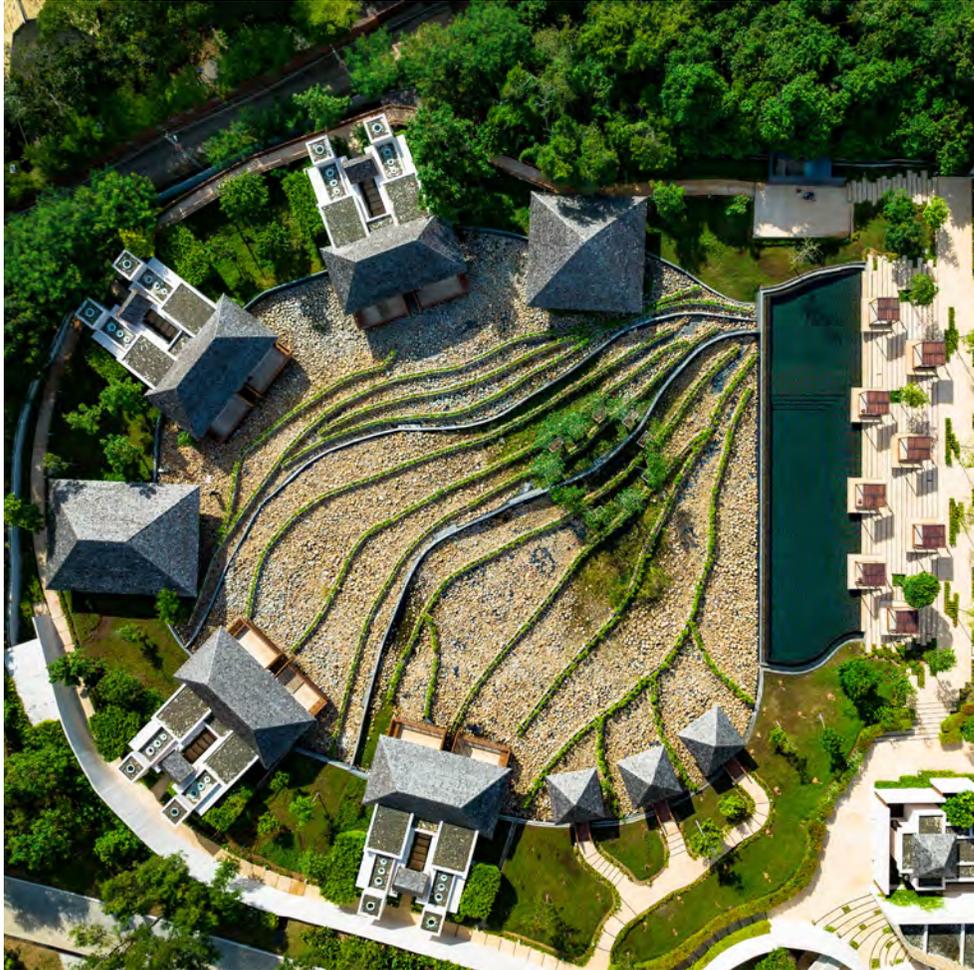
This is a signature Spa Village treatment inspired by the annual Songkran festival. This festival celebrates the Thai New Year and includes symbolic traditions such as the pouring of water on elders, representing respect, renewal and blessings. This has evolved into the joyful throwing of water that is seen in the streets today during Songkran. All 90 minutes and above Spa Pavilion massages or body treatments begin with the Songkran Shower ritual.

## THAI FOR TWO\*

This deluxe experience for two begins with the signature Songkran Shower. You may select either a Coconut or Thai-Herbal Scrub to accompany the water. Then, slip into comfortable Thai pyjamas and relax with a Custom Thai Massage and Thai Herbal Compress known as *Prakrop*. The couple will have an opportunity to practice with the compress and learn duo Thai stretches, if desired. After a meditative Pond Gazing break, "Thai for Two" concludes with a traditional Thai Herbal Facial.

## DELUXE SONGKRAN SHOWER

Begin with an extended Songkran Shower experience and a choice of either a Coconut or Thai-Herbal Scrub. This relaxing exfoliation is followed by a hydrating coconut oil or lotion application.



### BLESSED FLOWERS

The magic of flowers has bloomed in the hearts of mankind from the beginning of time, their universal language instantly, wordlessly, communicating love, grace and joy. The vivid colours and euphoric fragrances of our island's native flowers delight the spirit and play an intrinsic role both in beauty and ritual. Celebrating the vibrant power of Samui's abundant gift, this treatment begins with a "table-side-mixing" of raw flowers, nourishing aloe and fruit enzymes to exfoliate the skin. Warmed flower infused compresses gently hydrate the skin in preparation for a flower balance massage utilising strong rhythmical strokes along energy meridians leaving you truly in a state of harmony.

### SAMUI'S COCONUT HERITAGE

Coconuts are synonymous with Koh Samui, with a plethora of plantations and attractions across the island. At Spa Village, we enjoy sharing the heritage of the nutritional, health, and beauty benefits of this amazing fruit. Deluxe Songkran Shower and a Coconut Scrub are followed by a 1.5-hour Coconut Flow Massage. Top it off like the locals do, with a nourishing Coconut Hair Masque.

### TOK SEN MASSAGE

It is believed this is an ancient practice originating in the Kingdom of Lanna in northern Thailand, around Chiang Mai. *Tok* means to strike or tap while *Sen* refers to the meridian lines in the body. A special wooden mallet and wedge are used to tap rhythmically along energy lines, causing a resonating, healing vibration which penetrates deep into the muscles, releasing any blockage. By helping to relax the body, a sense of wellbeing and ease is felt, as a more natural flow of energy is re-established. The rhythmic, repetitive sound creates a soothing, meditative atmosphere, further promoting total relaxation. Legend has it that the best *Tok Sen* mallet came from the wood of a tamarind tree struck by lightning, which was then blessed in the monastery.



## SPA VILLAGE GLOBAL CLASSICS

### **MALAYSIAN EXPERIENCE**

Malaysia is known for its diverse healing customs borne from the strong presence of Chinese, Malay, and Indian influences in the region. This deeply relaxing treatment celebrates these distinctive rituals. Using a warming spiced oil blend, traditional Malay massage utilises techniques consisting of long kneading strokes that focus on the muscles and various pressure points along the body. An Indian scalp massage increases the circulation to the head and neck, believed to enhance clarity and focus. We finish this experience with Chinese acupressure points and time-honoured egg rolling to tone the face.

### **MALAY MASSAGE**

The art of traditional Malay massage is passed down from generation to generation. The technique consists of long kneading strokes that focus on the muscles, and pressure applied to various points on the body, using local spice oil.



# BODY MASSAGE

## **TRADITIONAL THAI MASSAGE**

The ancient art of Thai massage relieves tension and renews energy by deeply stretching the muscles. Through compression, bending, and pressure on specific points, blockages in energy flow are restored in the body. Thai pyjamas will be provided as this is a non-oil treatment.

## **COCONUT FLOW**

Warm coconut oil is languorously poured over the body to warm the muscles and nourish the skin. Therapist hands and arms follow the path with either soothing or strong strokes, as needed. This hypnotic massage is ideal for jet lag and ultimate relaxation.

The 1.5-hour experience includes a coconut scalp massage. We recommend you leave the oil on the hair for several hours for optimum results.

## **FLORAL MASSAGE**

Warm flower-infused compresses gently, hydrate the skin in preparation for a flower balance massage utilising strong rhythmical strokes along energy meridians leaving you truly in a state of harmony.

## **THAI FUSION MASSAGE**

A massage tailored to your specific needs using elements of Thai massage, Thai stretches, acupressure points, traditional Thai herb and balm to relieve tension and relax the mind.



### **THAI HERBAL POUCH MASSAGE\***

A *Prakop* pouch of steamed lime leaves, lemongrass and other Thai herbs is gently pressed along the meridians of the body. This exotic and relaxing treatment increases circulation and energy flow, removes toxins from the muscles, reduces water retention, and increases joint and spine flexibility. Some traditional Thai massage movements and stretches are also incorporated.

### **PREGNANCY MASSAGE**

Advanced massage tailored to the need of pregnant woman and their changing bodies, this gentle therapy relaxes tense muscles.

### **JUNIOR MASSAGE**

A relaxing and soothing full body oil massage on improving your child's development and improve sleeping patterns.

### **CUSTOM MASSAGE**

Allow our therapists to provide an individualised massage experience specifically for you.

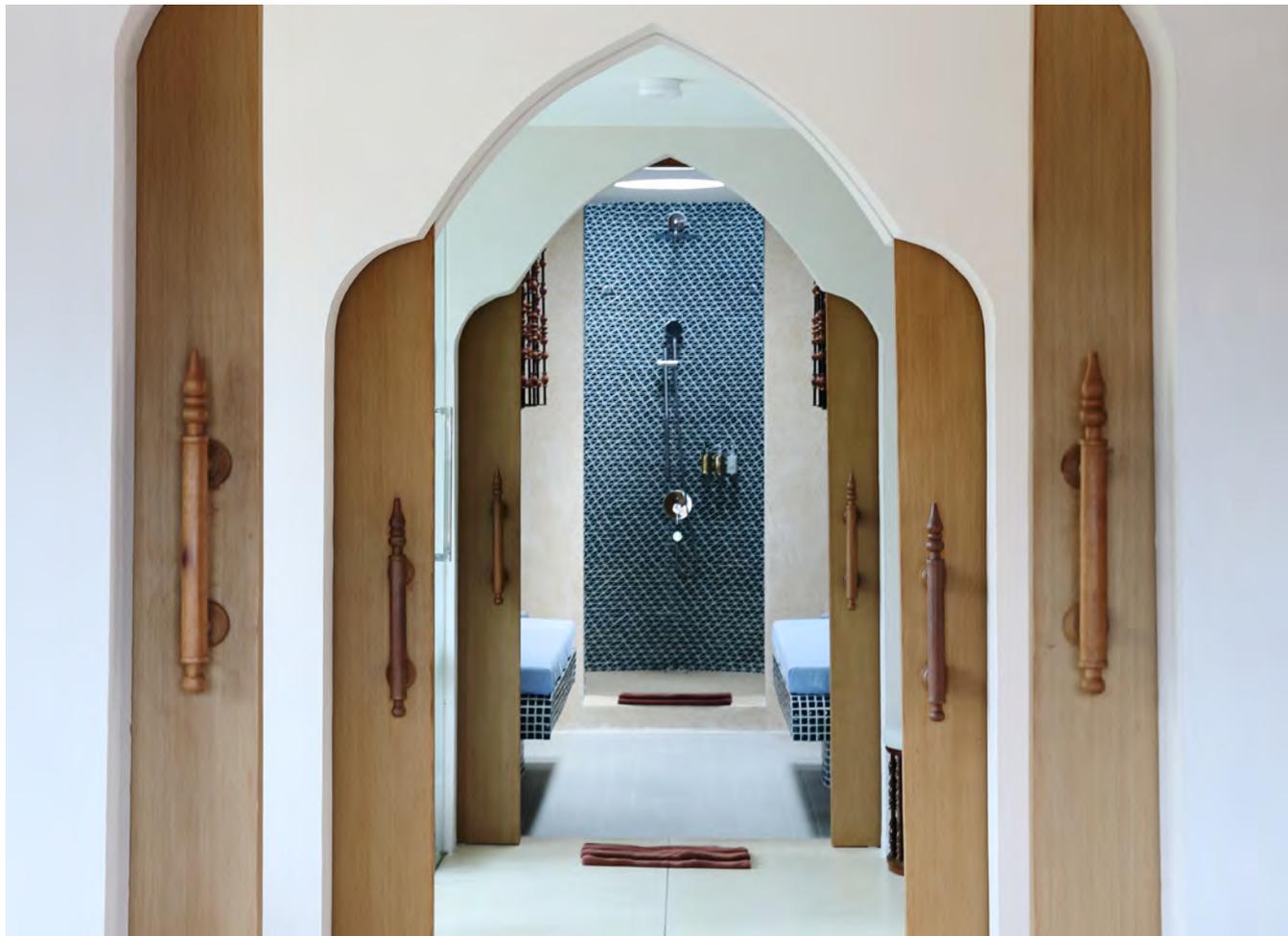
### **FOCUS MASSAGE**

#### *TENSION RELIEF*

A quick relaxing and soothing massage designed to relieve stress and muscle tension. Highly soothing treatment for promoting general well-being, relaxation and reviving back, neck and shoulder areas.

#### *RELAXED FEET MASSAGE*

Foot massage can aid relaxation and may relieve muscle aches. The massage has been around for hundreds of years, and spans many cultures and has frequently been used to improve health and to relax the body. By applying pressure to the more than 7,000 nerves in the foot, the energy blockages throughout the whole body can be released.



## BODY TREATMENTS

### BODY SCRUB

#### *DETOXIFYING GINGER*

Made from locally grown natural Thai ginger, the scrub provides stimulation and leaves the whole body refreshment.

#### *RADIANCE PAI*

Pai has qualities that act as whitening agent and the natural AHA treats the skin with the rich mineral content, leaving the skin healthy with radiant glow.

# PACKAGES

The ultimate, luxury our escape for your mind and body. Surrender to a day of head-to-toe with a series of therapeutic and relaxing.

## **COUPLES PACKAGE (2.5 HOURS)**

Choice of Full body massage of 90 minutes &  
Choice of either 60 minutes Natural Facial treatment or Body Scrub

## **SINGLES PACKAGE (2.5 HOURS)**

Choice of Full body massage of 90 minutes &  
Choice of either 60 minutes Natural Facial treatment

## **RE-ENERGIZING PACKAGE (3.5 HOURS)**

60 minutes yoga session,  
15 minutes Songkran shower,  
Choice of Full body massage of 60 minutes &  
Choice of 75 minutes facial by The Organic Pharmacy

## **VIBRANT PACKAGE (2.5 HOURS)**

60 minutes boxing session,  
15 minutes Songkran shower,  
Choice of Full body massage of 60 minutes &  
Choice of 30 minutes body scrub

## **RENEW PACKAGE (3.5 HOURS)**

60 minutes boxing session  
Choice of Full body massage of 90 minutes &  
Choice of 60 minutes manicure or pedicure

# FAMILY PACKAGES

Spend luxurious time together bonding with your little one in our parent and child special packages.

## **MOTHER & DAUGHTER PACKAGE (2 HOURS)**

Choice of Full body massage of 60 minutes &  
Choice of either 60 minutes facial or manicure

## **FATHER & SON PACKAGE (2 HOURS)**

Choice of Full body massage of 75 minutes &  
Choice of 45 minutes body scrub

*Applicable for children 6 - 12 years old*

# KID'S SPA (6-12 years old)

Little ones are in a treat and relaxing pampering in a series of treatments and services exclusively designed for them.

**JUNIOR MASSAGE**

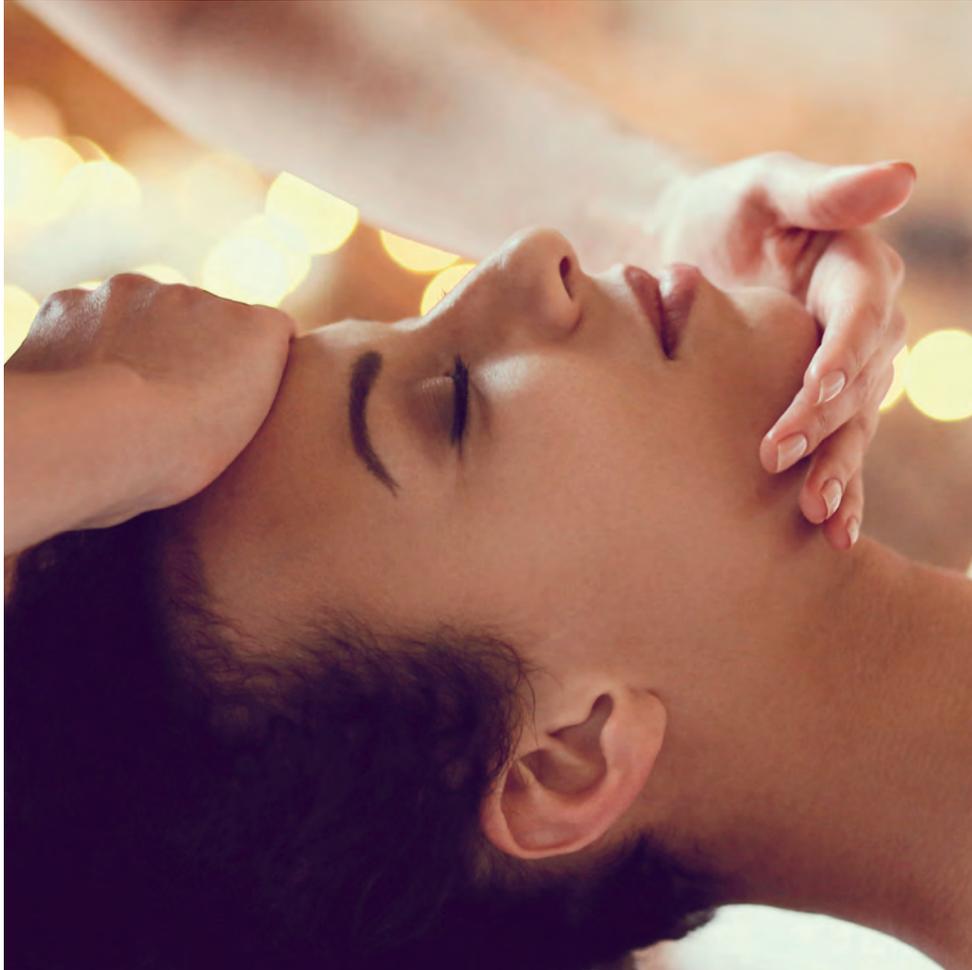
**JUNIOR FACIAL**

**JUNIOR HAIR BRAID**

**JUNIOR HAIR CUT**

**MANICURE**

**PEDICURE**



# FACIALS

## **THAI HERBAL FACIAL**

This facial is another unique Thai practice that uses traditional aromatic herbs of tamarind and turmeric, along with rice, honey, yoghurt, coconut oil and *din saw pong* (Thai white mud). It helps increase circulation, promote cell growth and brighten the skin. This luxurious treatment includes an exfoliation, a relaxing facial and shoulder massage with *Prakrop* pouch, and a finishing masque that soothes, hydrates, and balances. The traditional Thai herbal compress helps clarify the skin and ease inflammation. It's a must try facial for all skin types.

## **Refresh & Revive**

A perfect way to rejuvenate and the ultimate skin lifting facial using Thai silk cocoons and natural Moringa to firm and tone the skin, peeling away the signs of aging.

## **FACIALS BY THE ORGANIC PHARMACY**

Hailing from the United Kingdom, Organic Pharmacy provides holistic skincare and nourishing formula.

## **Rose Crystal Lymphatic Facial**

Using Rose crystals, this facial deep cleanses and awakens the lymphatic systems, leaving the skin firm and radiant.

## **Anti-Aging Facial**

Reduce the signs of aging via a complex mix of anti-oxidants and collagen boosters. Rejuvenate and tighten the skin for a brighter and healthier complexion

## **Gentlemen's Facial**

Tensions melt away during this deep cleansing treatment using organic plant extracts.

## **Cryo Lifting Facial**

Lift and firm the skin using cutting-edge ingredients, reducing the signs of aging and gifting a radiance glow.



## NAIL CARE

### **EXPRESS MANICURE OR PEDICURE**

Trim, shape, polish or buff your nails.

### **SIGNATURE CLASSIC MANICURE OR PEDICURE**

Our natural signature manicure or pedicure care includes exfoliation of rough skin, warm coconut oil massage, cuticle trimming, nail shaping and buffing or polish.

### **GEL MANICURE & PEDICURE**

Comprehensive manicure & pedicure with trimming, shaping of nails, cuticle care, nail shaping (square, oval, or round), and nail polish application.



# HAIR CARE FOR HIM

## HAIRCUT

Cut and style the hair

## BEARD STYLING

Beard trimming and shaping

## EXCLUSIVE SHAVE

Shaving and style the beard

## CHEST & BACK

Trimming of back and chest hair



## SOUL SPA

So often the world focuses on the outside, that which we can see, and it is sometimes all too easy to forget that beauty includes both the internal and the external. To strengthen these connections, Spa Village Koh Samui has crafted several unique spa sessions to encourage mindfulness and help attune yourself to your surroundings. Conducted in the Yoga Sala or Spa Pool, sessions can be experienced individually or in a group setting of up to 12 persons.

### YOGA

The Sanskrit word “yoga” means union. Essentially yoga is a union of mind, body, and spirit through the practice of postures, breathing, and meditation. You will be guided through a series of these practices bringing balance to body and psyche.

## SPA RECOMMENDATIONS AND GUIDELINES

Enjoy a full range of amenities when visiting the Spa Village Koh Samui, including a bathrobe, slippers, private locker, bath and vanity products.

Services that are listed with a \* symbol are considered heat treatments and are not recommended for guests that have heart conditions, suffer heat sensitivity, or are pregnant.

In consideration of other guests we ask that all cellular phones and electronic devices be turned off while at the spa. The Spa Village Koh Samui is a non-smoking facility.

## OPERATION HOURS

Spa Facilities: 9am – 9pm

Spa Treatments: 10am – 9pm

## RESERVATIONS

Advance reservations are recommended. For in-house guests, touch Spa Village on your room telephone between 10am and 8pm. You may also call Spa Village Koh Samui at 66.77.915.777 or email [rc.usmrz.spa.mgr@ritzcarlton.com](mailto:rc.usmrz.spa.mgr@ritzcarlton.com)

## CHECK-IN

Please check-in at the Spa Reception

Desk 30 minutes prior to your first appointment. We regret that late arrivals will not receive an extension of scheduled treatments.

## FACILITY USAGE

All in-house guests of The Ritz-Carlton, Koh Samui enjoy complimentary use of the spa swimming pool with any 1 hour scheduled spa service. All prices are subject to change without prior notification.

## AGE RECOMMENDED

The Spa Village Koh Samui is appropriate for guests 16 years and above.

## SPA RETAIL

Be sure to visit our Spa Retail for an array of Spa Village products and spa related merchandise.

## CANCELLATION POLICY

As a courtesy to other guests and our therapists, please give us 4 hours' notice if you must cancel or change any treatments. Without this notification, you will be charged in full.

## GRATUITIES

In appreciation of outstanding service, gratuities may be given at your discretion.



## KOH SAMUI SIGNATURE EXPERIENCES

SPA TREATMENT	DURATION	RATE
Thai For Two	3 hours	14,300
Deluxe Songkran Shower	1 hour	2,900
Blessed Flowers	2 hours	5,500
Samui's Coconut Heritage	2 hours	5,500
Tok Sen Massage	2 hours	5,500
<b>SPA VILLAGE GLOBAL CLASSICS</b>		
Malaysian Experience	2 hours	5,900
Malay Massage	1 hour	3,400
	1.5 hours	4,400
<b>BODY MASSAGE</b>		
	1 hour	3,300
	1.5 hours	4,300
	2 hours	5,300
Traditional Thai Massage		
Thai Balm Massage		
Coconut Flow		
Floral Massage		
Thai Fusion Massage		
Pregnancy Massage		
Custom Massage		
Focus Massage (Tension Relief or Relaxed Feet)	30 mins	1,900
	45 mins	2,600
Thai Herbal Pouch Massage	1.5 hours	4,400

SPA TREATMENT	DURATION	RATE
<b>BODY TREATMENTS</b>		
Body Scrub (Detoxifying Ginger or Radiance Pai)	45 mins	2,500
	60 mins	2,900
<b>PACKAGES</b>		
Couples	2.5 hours	11,600
Singles	2.5 hours	6,000
Re-Energizing (single)	3.5 hours	8,500
Re-Energizing (couple)	3.5 hours	15,500
Vibrant (single)	2.5 hours	7,500
Vibrant (couple)	2.5 hours	14,000
Renew (single)	3.5 hours	7,200
Renew (couple)	3.5 hours	13,500
<b>FAMILY PACKAGES</b>		
Mother & Daughter	2 hours	10,000
Father & Son	2 hours	10,000
*Children 6 - 12 years old		
<b>KID'S SPA</b>		
Junior Massage	60 mins	2,200
Junior Facial	45 mins	1,800
Junior Haircut	45 mins	450
Manicure	30 mins	1,100
Pedicure	30 mins	1,100
*Children 6 - 12 years old		

Prices are in Thai Baht (THB) subject to 10% service charge and 7% VAT.  
Prices are subject to change without notice.

SPA TREATMENT	DURATION	RATE
<b>FACIAL TREATMENTS</b>		
Thai Herbal Facial	1 hour	3,100
Refresh & Revive	1 hour	3,100
Rose Crystal Lymphatic Facial	75 mins	4,800
Anti-Aging or Gentlemen's Facial	75 mins	4,800
Cryo Lifting Facial	75 mins	4,800
<b>NAIL CARE</b>		
Express Manicure or Pedicure	30 mins	1,100
Classic Signature Manicure or Pedicure	1 hour	1,800
Gel Manicure or Pedicure	75 mins	2,300
Gel Polish Application	45 mins	1,500
Gel Removal	30 mins	600
<b>HAIR CARE (FOR HIM)</b>		
Hair Cut	1 hour	900
Beard Shaping & Trim	45 mins	600
Exclusive Shave	45 mins	600
Chest Trimming	45 mins	600
Back Trimming	60 mins	1,000

WELLNESS	DURATION	RATE
Yoga		
- Private Class	1 hour	2,600
- Group Class (2-3 persons)	1 hour	4,000
- Group Class (4-5 persons)	1 hour	7,500

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SPA VILLAGE KOH SAMUI  
The Ritz-Carlton, Koh Samui  
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RESERVATIONS:

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